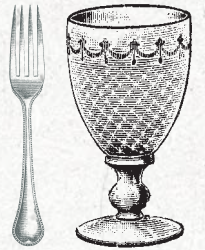


MENU



EAT Local
124 WEST PARK AVENUE
LONG BEACH, NY 11561

516-431-3133



starters

- ONION SOUP AU GRATIN** 11 / 11.44
caramelized vidalia onions, sweet sherry
garlic crostini, pepper jack, vermont cheddar
- COCONUT SHRIMP** 16 / 16.64
tropical fruit salsa, coconut thai chili sauce
- FISH TACOS** 18 / 18.72
beer battered cod, mango salsa, chipotle coleslaw
- KUNG PAO CALAMARI** 17 / 17.68
red bell peppers, bananas, crushed peanuts,
scallions, orange-szechuan sauce
*traditional or buffalo style available
- PULLED PORK MAC N CHEESE** 16 / 16.64
smoked gouda & cheddar cheese sauce,
crispy onions, seasoned panko
- QUINOA FRIED SHRIMP TACOS** 16 / 16.64
avocado, pickled red onion, spicy mayo,
corn tortilla option for
- CHARCUTERIE BOARD** 24 / 24.96
chef's selection of assorted meat and cheese,
no crostini for
- SESAME-CRUSTED TUNA SATAY** 22 / 22.88
asian slaw, sweet soy, wasabi aioli
- QUESADILLA** 17/17.68
chicken, pork or vegetable, corn & black bean salsa,
cheddar & monterey jack

PIZZA

cauliflower

- BREAKFAST PIZZA** 21 / 21.84
maple sausage, hickory bacon bits,
scrambled eggs, poblano avocado ranch,
cheddar & monterey jack,
roasted peppers and onions
- CAPRESE** 18 / 18.72
vine ripe tomato, fresh mozzarella,
fresh basil, balsamic reduction
- SOUTHWEST CHICKEN** 21 / 21.84
black bean and corn salsa, blackened chicken,
chipotle aioli, cheddar & monterey jack
- SPINACH & ARTICHOKE** 19 / 19.76
roasted garlic, parmesan, asiago,
gorgonzola, balsamic drizzle

LIBATIONS



- THE KICKSTART** 14 / 14.56
cold brew, vanilla vodka, baileys,
kahlua, frangelico
- FRENCH VANILLA** 11 / 11.44
cold brew, tito's, cream de cocoa
- COCONUT CAPPUCCINO** 15 / 15.60
malibu rum, cold crew, simple,
dash of cream
- MIXED BERRY LAMOSA** 11 / 11.44
stoli raz, stoli blueberry, mixed berries,
champagne, pink lemonade
- TEQUILA SMASH** 12 / 12.48
milagro blanco, raspberry puree, simple,
champagne, sugar rim
- BELLINI** 10 / 10.40
peach purée, sparkling wine
- PROSECCO PUNCH** 11 / 11.44
pineapple juice, club soda, prosecco,
vanilla vodka
- APEROL SPRITZ** 11 / 11.44
prosecco, splash of club, aperol liqueur
- ELDERFLOWER AGAVE** 10 / 10.40
st germain's, agave nectar, grapefruit juice,
champagne

CHICKEN WINGS

- traditional** 17 / 17.68
- or -
- boneless** 15 / 15.60
bleu cheese or ranch dressing
- buffalo, chipotle bbq,
peach moonshine BBQ
honey-garlic, hot honey

gluten friendly
 vegetarian

20% gratuity added to tables of 6 or more. No more than 2 checks per table.

*Warning: Consuming raw or undercooked meat, poultry, seafood, shellfish and eggs may increase the risk of food borne related illness.

brunch

AVOCADO TOAST 17 / 17.68

vine-ripe tomatoes, prosciutto di parma, sunny side up eggs

COOKIES & CREAM PANCAKE 14 / 14.56

oreo cookies, white & milk chocolate, powdered sugar, whipped cream

PULLED PORK HASH 16 / 16.64

fried eggs, avocado, melted cheddar & monterey jack

COUNTRY OMELET 16 / 16.64

sausage, bacon, ham, cheddar, monterey jack, skillet potatoes, toast

AMERICAN BREAKFAST 14 / 4.56

three eggs any style, toast, skillet potatoes, bacon, sausage or ham

STEAK AND EGGS 35 / 36.40

grilled 14oz ny strip, 3 eggs any style, skillet potatoes, horseradish hollandaise

THICK-CUT FRENCH TOAST 14 / 14.56

maple syrup, powdered sugar, bacon or sausage

BELGIAN WAFFLE 16 / 16.64

raspberry chambord, fresh berries, whipped cream

VEGGIE FRITTATA 13 / 13.52

baby spinach, roasted red peppers, artichoke hearts, onions, mushrooms, asiago & parmesan, toast

EGGS BENEDICT 14 / 14.56

poached eggs, hollandaise, canadian bacon, skillet potatoes, english muffin

salads

LB CHOPPED HOUSE 15 / 15.60

romaine, tomato, red onion, roasted corn, pecans, bacon, crumbled bleu cheese, creamy white balsamic

POMEGRANATE & BLOOD ORANGE 16 / 16.64

roasted brussels sprouts, candied walnuts, baby arugula, grilled halloumi, pomegranate seeds, blood orange vinaigrette

ARUGULA & GREEN APPLE 16 / 16.64

baby arugula, crumbled goat cheese, dried cranberries, pecans, apple cider vinaigrette

CLASSIC CAESAR 14 / 14.56

crisp romaine, roasted garlic croutons, shaved parmesan, creamy caesar dressing

Add

grilled chicken 8 / 8.32

marinated skirt steak 16 / 16.64

pan-roasted salmon 13 / 13.52

blackened salmon 13 / 13.52

sesame-seared tuna 14 / 14.56

sautéed shrimp 13 / 13.52

quinoa fried shrimp 12 / 12.48

BURGERS *Gluten-Free Bun 2*

8oz certified angus beef®

THE ORIGINAL 16 / 16.64

8oz certified angus beef® house blend

HANGOVER BURGER 18 / 18.72

over easy egg, cheddar cheese, hash brown, bacon, french fries

THE COOP BURGER 19 / 19.76

braised pulled pork, caramelized onions, smoked mozzarella, garlic & truffle aioli

SMOKEHOUSE 18 / 18.72

pepper jack, beer battered onion rings, bacon, chipotle bbq sauce

STEAKHOUSE BURGER 24 / 24.96

9.5oz dry aged beef, bourbon bacon jam, cheddar cheese, crispy onion straws

BEYOND BURGER 19 / 19.76

100% plant-based protein, caramelized onions, cheddar, avocado, horseradish-dijonnaise

TURKEY BURGER 18 / 18.72

honey-garlic infused, refried black beans, melted pepper jack, sliced avocado

sandwiches

CALIFORNIA TURKEY MELT 17 / 17.68

bacon, swiss, avocado, chipotle mayo

CHICKEN TIDBITS 18/18.72

melted mozzarella, toasted garlic bread

STEAK TIDBITS 23/23.92

melted mozzarella, toasted garlic bread

HARVEST WRAP 17 / 17.68

grilled chicken, mesclun, frosted walnuts, dried cranberries, crumbled goat cheese, apple cider vinaigrette, whole wheat wrap

PULLED PORK GRILLED CHEESE 16 / 16.64

crispy onion straws, smoked mozzarella, garlic & truffle aioli

GRILLED CHICKEN PANINI 18 / 18.72

roasted red peppers, pesto aioli, mozzarella

BLACKENED TUNA WRAP 22 / 22.88

mesclun, tomato, cucumber, red onion, fried lo mein noodles, sesame-ginger dressing, whole wheat wrap

GREEK SHRIMP WRAP 19 / 19.76

blackened shrimp, cucumber, red onion, diced romaine, feta, tzatziki sauce, whole wheat wrap

CHICKEN AND WAFFLE PANINI 18 / 18.72

fried chicken, bacon, cheddar, maple syrup, guacamole

LOADED BEC 14 / 14.56

bacon, 2 eggs fried, cheddar, spicy mayo, toasted brioche bun, homefries